

*The Indian Boundary  
YMCA Presents....*



# Girlz in the Game



Calling all girls ages 10-14....

Do you want to:

- Meet new friends,?
- Talk about important issues in your life?
- Learn how to eat healthy?
- Participate in new and fun fitness activities each week?

*Sign up at the Front Desk Today!*

*Join Girlz in the Game TODAY!*

Some of the activities include DDR, Wii Fit, swimming, yoga, Pilates, sports, and fitness classes taught by YMCA fitness instructors.

Girlz in the Game is a blast!

Wednesdays 7:00-8:30pm

**Indian Boundary YMCA**

711 59th Street  
Downers Grove, IL 60516

Phone: 630-968-8400

