

# INDIAN BOUNDARY YMCA POOL SCHEDULE

## September 2 - October 25, 2008

### PLEASE SEE REVERSE SIDE FOR POOL RULES

\*Schedule subject to change\*



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
5:00 AM			Masters Swim 5:15-6:30(2)		Masters Swim 5:15-6:30(2)		
6:00 AM		Adult Lap 5:00-8:30am	Adult Lap 6:30-8:30am	Adult Lap 5:00-8:30am	Adult Lap 6:30-8:30am	Adult Lap 5:00-8:30am	
7:00 AM	Adult Lap 7:00-11:00am						
8:00 AM							
9:00 AM		Aquacise (0) 8:30-9:30am	Open Lap/Water Fit. 8:30-9:30am	Aquacise (0) 8:30-9:30am	Open Lap/Water Fit. 8:30-9:30am	Aquacise (0) 8:30-9:30am	
10:00 AM		Preschool Lessons 9:30-11:00am (2)	Preschool Lessons 9:30-11:00am (2)	Preschool lessons 9:30-11:00am (2)	Preschool Lessons 9:30-11:00am (2)	preschool 9:30a 10-11am open (2)	
11:00 AM	Open Swim (3) 11:00-12:00pm	Super Seniors(2) 11:00-12:00pm	Arthritis (0) 11:00-12:00pm	Seniors & Friends 11:00-12:00 (2)	Arthritis (0) 11:00-12:00pm	Seniors & Friends 11:00-12:00 (2)	
12:00 PM	Open Lap/Water Fitness 12-1pm	Open Lap/ Water Fitness (2)	Open Lap/ Water Fitness (2)	Open Lap/ Water Fitness (2)	Open Lap/ Water Fitness (2)	Open Lap/ Water Fitness (2)	
1:00 PM	Lessons 1:00-2:15	12:00-2:00 pm	12:00-2:00 pm	12:00-2:00 pm	12:00-2:00 pm	12:00-2:00 pm Kindergarten 1-2	
2:00 PM	Family Swim (0) 2:15-3:30pm	Lessons 2:00-3:00pm (2)	Aquacise (3) 2:00-3:00pm	<b>ELC</b> 2:00-3:00pm (0)	Aquacise (3) 2:00-3:00pm	Home School (3) 2:00-3:00pm	
3:00 PM	Open Swim(2)	Open Swim (1) 3:00-4:30pm	Open Swim (0) 3:00-5:15pm	Open Swim (0) 3:00-4:30pm	Open Swim (0) 3:00-5:15pm	Open Swim (1) 3:00-4:30pm	
		Benet Academy 3:45-4:30pm(1)	Benet Academy	Benet Academy 3:45-4:30pm(0)	Benet Academy	Benet Academy 3:45-4:30pm(1)	
4:00 PM	3:30-5:00pm		3:45-5:15pm(0)		3:45-5:15pm(0)		
		Lessons (0)		Lessons (0)		Lessons (0)	
5:00 PM	Pool Closes		Lessons (0)		Lessons (0)		
	Scuba (0)	4:30-6:30pm	5:15-7:15pm	4:30-6:30pm	5:15-7:15pm	4:30-6:30pm	
6:00 PM	5:00-7:00pm	Adult Lessons &		Adult Lessons &		Open Swim (3)	
7:00 PM	<b>C l o s e d</b>	Deep Water(1) 6:30-7:30pm	Open Swim (2) 7:15-8:00pm	Deep Water(1) 6:30-7:30pm	Open Swim(2) 7:15-8:00pm	6:30-7:30pm	
8:00 PM		Open Swim(2) 7:30-9:00pm	AquaBlast 8:00-9:00pm (2)	Open Swim(1) 7:30-9:00pm	AquaBlast 8:00-9:00pm (2)	Friday Family Swim(0) 7:30-9:00pm	
9:00 PM		Open Lap & Water Fitness Monday-Friday 9:00-10:00pm					
10:00 PM		<b>C</b>	<b>l</b>	<b>o</b>	<b>s</b>	<b>e</b>	<b>d</b>

The number in parentheses indicates how many lanes will be available for lap swimming.  
Example: (2) indicates that there will be at least 2 lap lanes available during this time.

\*THE SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE\*



**SATURDAY**

**Adult Lap  
5:00-8:00am**

**Masters/Aquacise  
8:00-9:00 (0)**

**Swim Lessons (0)  
9:00-12:00pm**

**Silver Sharks  
11:15-12:00pm**

**Open Lap/Water  
Fitness 12-1pm**

**SEASPAR Team (0)  
1:00-2:00 pm**

**Open Swim (2)  
2:00-4:00pm**

**Family Swim(2)  
4:00-6:00pm**

**C  
l  
o  
s  
e  
d**

